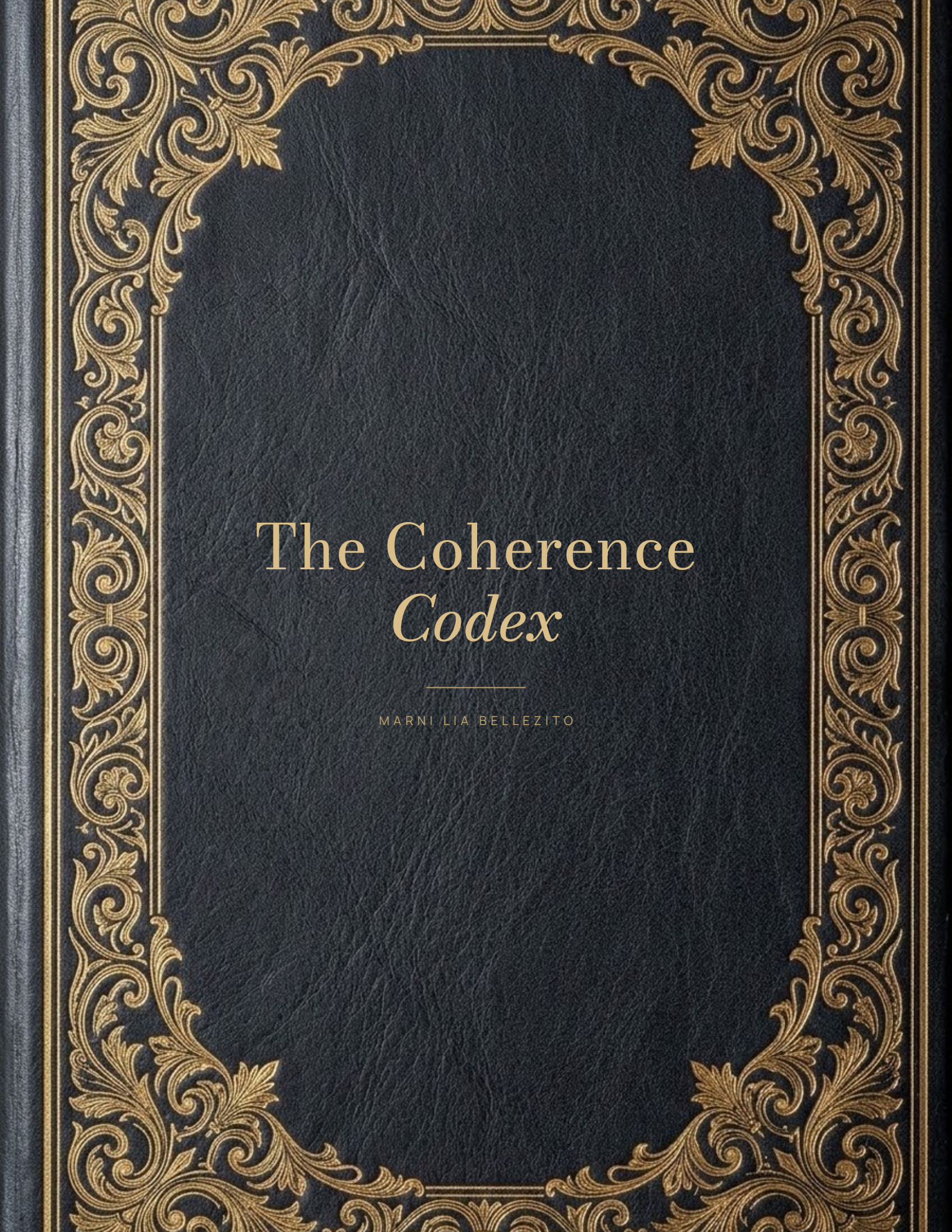


The background is a dark blue, textured surface, possibly leather or faux leather. It is framed by a wide, ornate border in a gold or brass color. The border features intricate, symmetrical scrollwork and floral motifs, reminiscent of classical or Art Deco design. The central area is a large, empty rectangle with the same dark blue texture.

The Coherence *Codex*

MARNI LIA BELLEZITO

The Coherence *Codex*

The four layers of the ceiling, and what each one looks like when it's holding you, versus when it has moved.

You came to the masterclass with a diagnosis. You leave with this. Keep it somewhere you'll see it. The recognition you felt tonight fades in a few days unless you have something to return to. This is that thing.

How to read this

Your ceiling isn't one thing. It lives across four layers. The first three are the ones you scored in The Ceiling Matrix and saw named tonight. The fourth is what waits on the other side of them. Each layer has two states.

Find yourself in the left column. That's the held state, the patterns you'd recognise from your own week. Then read the right. That's the moved state, drawn from where Marni's clients actually land across a three to six month container.

HELD

How the layer shows up while the ceiling is still in place. The familiar version.

MOVED

How the same layer shows up once it's been recalibrated and the new level holds.

i

LAYER ONE

The version of you running it

The identity executing the strategy, not the strategy itself.

HELD

- Your results don't match your effort, and you know it.
- You can lead a room, but privately can't hold the identity of someone who takes what they're worth.
- The success doesn't fully feel like yours. You're still wearing an old identity.
- You're waiting for a result or a milestone before you let yourself become the person you can already see.

MOVED

- The version of you in your head is the one showing up in your week.
- You hold your worth without bracing for it, and price and ask follow from that.
- The success feels like yours, because the identity finally matches the results.
- You claim the level first. The evidence arrives after, not before.



LAYER TWO

The level your system is set to hold

The set point your results quietly return to, no matter how hard you push.

HELD

- A strong month is followed by a quiet correction back down.
- You're successful, but operating well below your real capacity.
- Your energy is spread thin rather than directed.
- There's a level you can feel coming that you can't access consistently.

MOVED

- The strong month becomes the new baseline instead of a spike.
- You operate closer to full capacity, and it feels normal rather than rare.
- Your energy is directed, because you're no longer leaking it into the gap.
- The next level stops being something you reach for and becomes the level you live at.

● ● ● LAYER THREE
iii

How coherent your signal is

The distance between what you want and what you're actually being.

HELD

- You say you're ready while something underneath says not yet.
- You're working harder than you want to for outcomes that should come more easily.
- Things look good externally, but something feels off internally.
- You overthink at the critical moments and slow your own momentum.

MOVED

- What you want and who you're being point the same direction.
- The effort drops, and the right opportunities start moving toward you.
- The outside and the inside finally agree, and the friction goes quiet.
- Decisions become obvious instead of agonising, especially under pressure.



LAYER FOUR

Whether the level you reach is one you actually want

The transition from external success into purpose, direction, and inner certainty.

HELD

- You still question your purpose and feel a lingering sense of void.
- Success feels good, but something still feels missing.
- You know you're capable of more, but you're not fully connected to your why.
- You have glimpses of where you want to go, but not complete clarity.

MOVED

- You're no longer searching for purpose. You're living it and feel deeply connected to it.
- Your life is pulled by purpose instead of pushed by pressure, and you feel a sense of completion in the way you move.
- You're clear on your why, and it fuels your decisions with clarity, certainty and conviction.
- You have a deep knowing of where you're going, and your decisions naturally align with that vision.

WHERE YOU ARE NOW

This shows you both states. *Moving* from one to the other is the work.

You can see the moved state of each layer now. That clarity is real, and it's yours to keep. But seeing the moved state is not the same as living in it. The held column is held in place by the same system you'd be using to move it alone, which is why most capable people circle it for years.

Return to this between now and your call. Notice which layer you most want to move. That's not a small thing to know. It's the beginning of the whole conversation.

The evidence doesn't arrive and then you become them. You become them, and then the evidence arrives.

Marni Lia Bellezito

The moved states reflect outcomes some clients experience across a three to six month mentorship. Individual experiences vary. This is for personal insight only and is not professional, medical, or financial advice.